

STARTERS

Soup of the Day (V)..... €6.95

Hearty homemade Soup with Guinness Brown Bread
(G, E, M, Cel, N) (gluten free on request)

Old Barracks Seafood Chowder..... €9.95

Served with Homemade Guinness Brown Bread (G, F, E, M, N)

Kelly's Black Pudding & Potato Croquette..... €9.95

Served with Gubbeen Cream and an Apple & Sultana Chutney (G, M)

Southern Fried Cauliflower Wings (V)..... €9.95

with house Pickles & a Blue Cheese & Habanero Honey dressing
(G, D, Su)

Old Barracks Fish Cakes..... **Starter:€9.95 / Main:€17.95**

Smoked Salmon, Prawn & Spring Onion Fish Cakes with chunky Tartar,
Rocket & Pickles (G, F, Su, M)

GOURMET SANDWICHES

All gourmet sandwiches available on gluten free bread

Old Barracks Angus Steak Sandwich..... €18.95

Open Steak sandwich on Sourdough with Garlic Mayo, creamy
Mushrooms, crispy Onion rings, Fresh Rocket, Harvey's Pepper Sauce
& House Fries (G, M,E) (gluten free on request)

Combo of the Day..... €14

Today's Sandwich Special served with House Fries OR a cup of Soup

Chicken Goujon Wrap..... €14

Golden Fried Chicken Goujons with sweet Chilli Mayo, Cheese
& crunchy Cos Lettuce served with House Fries (G,E)

SALADS

Healthy Warm Lemon Chicken Salad GF..... €15.95

Grilled Lemon & Rosemary Chicken Fillet on a tossed Salad
with roasted Sweet Potato, creamy Greek Feta, toasted Cashews,
mixed Seeds & Honey Mustard Dressing (M, N, Se, Mu)

Crispy Duck Noodle Salad..... €16.95

Warm shredded Duck with crisp Vegetables, Egg Noodles, Mixed
Leaves, Cashew Nuts, toasted Seeds with a sweet Chilli & Soy dressing
(G, E, Se, So, N)

Homemade Crunchy Falafel Salad (V)..... €15.95

On a dressed Salad with roasted Red Pepper Hummus, toasted Seeds
Beetroot & Tomato served with Stone House Pizza Breads (G, Se)

Panko Crusted Goats Cheese Salad (V)..... €15.95

Warm crusted Goats Cheese bon bons with dressed Salad,
roasted Beetroot, Pear, Red Onion Jam, Walnuts & toasted Seeds
(N, G, Se)

ALL SALADS ARE AVAILABLE GLUTEN FREE

Please ask your server

STUDENT CORNER

ONLY STUDENTS IN UNIFORM MAY ORDER FROM THIS MENU,
AVAILABLE MON-FRI

Chicken Goujon Wrap

Golden Chicken pieces
with crunchy Cos Lettuce,
Cheese & Sweet Chili
served with House Fries
(G, M, E, Su)

Crunchy Chicken Tenders

Breaded Chicken Tenders
served with Garlic Mayo
House Fries
(G, M, E, Su)

Student Pasta of the Day

topped with Parmesan,
served with Garlic
& Herb Crostini

ONLY €12 EACH

