# BREAKFAST SERVED UNTIL 12PM

### GLUTEN FREE VARIATIONS AVAILABLE ON REQUEST

## Old Barracks Breakfast Bap

Walsh's Breakfast Patty with Ballymaloe Relish, Cheddar, Hash Brown & Fried Egg in a Brioche Bun €9.95 (G, M, E)

#### **Mexican Breakfast Taco**

Two floury Tortillas with Cheesy scrambled Egg, crispy Chorizo, fresh Tomato Salsa & Spicy Siracha Sauce (Veggie alternative available) €12.95 (G, E)

### **Full Old Barracks Breakfast**

2 Rashers, Walshs Sausages, Kellys Black & White Pudding, 2 Hash Browns, Beans & Fried Egg with Homemade Guinness Bread \*Hot Drink Included\* €13.95 (E, G, So)

### **Old Barracks Mini Fry**

2 Walshs Sausages, Rasher, White Pudding, Hash Brown & Fried Egg with Homemade Guinness Bread \*Hot Drink Included\* €12.5 (E, G, So)

### Fruit/Berry Scones/Pastries

Served with Butter, Follain Jam & Cream €3 (G, E, M, N, Se)

# Lighter Options

Protein & Oat Chia Pots €9.5 each (G, N, Se, M)

- Mango, Blueberry, Coconut, Greek Yoghurt & Oat crunch
- Berry Compote, Greek Yoghurt& Oat Crunch

Porridge of The Week €6.5
Please ask your server

#### Protein Packed Gym Bunny Breakfast

Cajun Chicken, Bacon, Poached Egg, Black Pudding & baby Spinach €13 (G, E)

### **Veggie Breakfast Stack (V)**

With grilled Sourdough, smashed Avocado, Kelly's veggie Pudding, Hash Brown, poached Egg, Hollandaise & fresh Tomato Salsa €13 (G, E, So, Se)

## **American Style Pancakes**

Nutella & Marshmallows €8 (E, M, G) Crispy Bacon & Maple Syrup €9 (E, M, G) Greek Yoghurt & Strawberries (V) €9 (E, M, G)

## Old Barracks Gourmet Sausage Roll

served with Ballymaloe Relish €4.5 (G)

### Dear Customers,

At peak times, we are unable to modify our dishes, please try to order items as they appear on the menus. It's a great help to our teams. Thank you