

# BREAKFAST

## SERVED UNTIL 12PM

GLUTEN FREE VARIATIONS AVAILABLE ON REQUEST

### Old Barracks Breakfast Bap

Walsh's Breakfast Patty with Ballymaloe Relish, Cheddar, Hash Brown & Fried Egg in a Brioche Bun

€9.95 (G, M, E)

### Mexican Breakfast Taco

Two floury Tortillas with Cheesy scrambled Egg, crispy Chorizo, fresh Tomato Salsa & Spicy Siracha Sauce (Veggie alternative available)

€12.95 (G, E)

### Full Old Barracks Breakfast

2 Rashers, Walshs Sausages, Kellys Black & White Pudding, 2 Hash Browns, Beans & Fried Egg with Homemade Guinness Bread

\*Hot Drink Included\*

€13.95 (E, G, So)

### Old Barracks Mini Fry

2 Walshs Sausages, Rasher, White Pudding, Hash Brown & Fried Egg with Homemade Guinness Bread

\*Hot Drink Included\*

€12.5 (E, G, So)

### Fruit/Berry Scones/Pastries

Served with Butter, Follain Jam & Cream

€3 (G, E, M, N, Se)

### Lighter Options

Protein & Oat Chia Pots

€9.5 each (G, N, Se, M)

- Mango, Blueberry, Coconut, Greek Yoghurt & Oat crunch
- Berry Compote, Greek Yoghurt & Oat Crunch

### Protein Packed Gym Bunny Breakfast

Cajun Chicken, Bacon, Poached Egg, Black Pudding & baby Spinach

€13 (G, E)

### Veggie Breakfast Stack (V)

With grilled Sourdough, smashed Avocado, Kelly's veggie Pudding, Hash Brown, poached Egg, Hollandaise & fresh Tomato Salsa

€13 (G, E, So, Se)

### American Style Pancakes

Nutella & Marshmallows

€8 (E, M, G)

Crispy Bacon & Maple Syrup

€9 (E, M, G)

Greek Yoghurt & Strawberries (V)

€9 (E, M, G)

### Old Barracks Gourmet

Sausage Roll

served with Ballymaloe Relish

€4.5 (G)

Dear Customers,

At peak times, we are unable to modify our dishes, please try to order items as they appear on the menus. It's a great help to our teams. Thank you